THE LIGHTHOUSE EXPERIENCE IS A LIGHT UP THE DARK INITIATIVE. FOR MORE INFORMATION VISIT: www.lightupthedark.live/lighthouse
It is for freedom that Christ has set us free.

Galatians 5:1a

What is The Lighthouse Initiative?
The Lighthouse Initiative is a residential, educational, and vocational (work) experience. For approximately 18 months, you will live, learn, and be in relationship with caring people. You will live in an environment where it will be possible to acquire skills and an education perfect for making a new start.

Where will I live?
You will move into a single person/family furnished home called a Lighthouse. You will live there by yourself (or with your immediate family if you are a parent) for the duration of your time with us.

What will I do?
When you move in, you will be paired with an Advocate. The Advocate will walk you through the educational part of the Lighthouse experience. While living at the Lighthouse, you will complete three phases of education. Those phases are explained in more detail in the next few pages. While working through the three phases you will either work full time (day shift only) or work part time and go to school part time.

What does it cost?
The Lighthouse Initiative is privately funded through Light Up The Dark. That means there is no cost to you to apply or move into the Lighthouse. As you progress through the experience and find employment, you will begin paying rent on a sliding scale, budgeting for other expenses, donating a portion of your income to make someone’s life better, and saving money for the future.
**Phase One: The Vitals**

You will meet with various professionals who are actively employed in their area of specialty. Through relationship with them, you will acquire and sharpen skills for daily living.

**Phase One Life Skills Checklist:**

- **Vocational Plan:**
  - Interview Skills
  - Behavior and Ethics
  - Hard/Soft Skills
  - Resume Building
  - E-IQ
  - Financial Aid and FAFSA

- **Financial Plan:**
  - Budgeting
  - Bill Paying
  - Balancing a Checkbook
  - Organization of Documents
  - Account Set-Up and Maintenance
  - Taxes
  - Saving/Long Term Planning
  - Identity Theft

- **Physical Health Plan:**
  - Fitness and Health
  - Menu Planning
  - Cooking
  - Establishment of Insurance and Medical Care/Annual Checks
  - First Aid and Emergency Preparedness
  - Addiction and Freedom

- **Daily Living Plan:**
  - House Maintenance
  - Car Maintenance
  - Cleaning and Laundry
  - Internet Safety
  - Personal Safety
  - Awareness
  - Personal Care/Hygiene

- **Also part of Phase One is securing:**
  - Certified birth certificate
  - Social security number/card
  - Gov’t issued ID/driver’s license
  - Passport (how to acquire one)
  - Green card
  - School transcript
  - Adoption records
  - Proof of address
  - Health insurance information
  - Copy of medical records
  - Sibling contact information
  - A safe dwelling
  - A source of income
  - Educational Course Schedule (if applicable)
  - Community involvement

**Phase Two: Discipleship**

- **Step One: God’s story and My story**
  Everyone’s story is different. In Step One we unlock your life story and seek out God’s involvement. We will explore the Gospel message as it relates to each person. Focus will be placed on a personal relationship with the living God through Jesus Christ.

- **Step Two: Healing the Past/ Moving Forward**
  As we pursue the narratives of our own story, we often have chapters of unresolved pain. During this step we will focus on healing, forgiveness, and restoration.

- **Step Three: The Value of Being/ Identity**
  The world we live in places value on production and identity in what we do. God’s economy is not like that. We will explore the Person of God. We will delve into His beautiful design for loving relationship. We will pursue value and identity being found in the state of being who we were created to be, belonging to a loving Father who is FOR us.

- **Step Four: Passion, Purpose, Calling**
  Each of us is hard-wired with passions. Where passion intersects with the betterment of humanity we find purpose. When we find our purpose, it determines our calling. The step will be dedicated to the exploration of passion, purpose, and calling. We will uncover the joy that is found in a God who loves us enough to invite us into the miracles He works every day in humanity and creation.

- **Step Five: Walking It Out**
  As the Lighthouse Initiative experience draws to a close, this step is designed to focus on walking out the faith outside of the Lighthouse.
Phase Three:
Support System and Relational Health

Support System Formation and Mapping - defining the components of a healthy support system and creating/mapping a realistic individual support system.

Boundaries/Healthy Relationships - identifying characteristics of healthy and unhealthy relationships, learning how to enforce healthy boundaries, and employing conflict resolution practices.

Personal Emotional Health - identifying personal triggers, learning self-care techniques, getting educated about relapse prevention, and learning how to create a healthy life balance.

Passion and Purpose, Giving Back - vocation and mission shadowing, identifying God’s purpose, learning to give and trust, and learning the power of impact.

Exit Planning - creating a plan for reintegration outside of the Lighthouse, identifying obstacles, and integrating Phase One, Two, and Three skills.

What Else Will I Experience?
You will have the opportunity to shadow someone in a profession you are interested in. You will also shadow someone who does something you are passionate about in a way that gives back to humanity. You will be matched up with a Lighthouse family who will involve you in family and community events at your comfort level. You will also be matched with a mentor with life experience; someone to talk with about life, growth, goals, and plans.

How Do I Apply?
Step One: Fill out the application. You can do this in two ways. Fill it out online at www.lightupthedark.live/lighthouse and click on “Apply”. You can also get a hard copy by going to www.lightupthedark.live/lighthouse and download the application or you can email vision.lightupthedark@gmail.com and request an application via email.
You can send the hard copy to:
The Lighthouse Initiative
P.O. Box 306
Sterling, KS 67579

Step Two: After reviewing your application, the Lighthouse Leadership Team will contact you for an interview. During the interview you will discuss the Lighthouse experience more in depth, clarify information on the application, and talk about your motivation and goals.